Lake Ainsworth Sport & Recreation Camp, Lennox Head  
Monday 2nd May- Wednesday 4th May

Drop off and pick up will be by private transport. There will be no transport provided by the school.

Drop Off time Monday 2nd May 9am. (Please note there will be no supervision available before this time).

Pick up time Wednesday 4th May 2.30pm. You are required to give the contact details of the person collecting your child at the conclusion of the camp.

Contact while at Camp
Students are NOT to take mobile phones. Any enquiries while we are away can be directed to the school who will contact the camp if necessary. In extreme emergencies, please contact Mrs Latta on 0407 235 927 and she will get in touch with the camp.

General Information
Student medication needs to be registered and administered by school staff. It needs to be given to Ms Talbot no later than Friday 29th April. Medication should be in its original packaging and clearly labelled with the student’s name, dosage and frequency.

First aid
Centre staff hold senior first aid accreditations and can administer first aid, if required. If a student requires medical assistance, they will be taken to the nearest medical centre or hospital for assessment and their parents/guardians notified.

Accommodation
Students stay in comfortable rooms or lodges with male and female students accommodated separately. Rooms will not be allocated until students are at the camp.

Meals
The qualified camp catering team prepare nutritious and delicious meals so your child will never go hungry at camp. Your child’s special dietary requirements or food allergies, are taken from the Medical and Consent form you submitted earlier in Term 1.

Behaviour
So that camp is a fun and safe experience for everybody, there are rules in place for students to follow. These will be explained to your child on arrival at camp. If your child misbehaves, camp staff will discuss with your child’s teacher the best course of action. Sport and Recreation has a zero tolerance stance on bullying.

Outdoor safety
Every effort is made to ensure your child’s safety and comfort while at camp. The camp SunSmart policy promotes wearing broadbrimmed hats and sunscreen and we minimise sun exposure during the hottest part of the day. Personal flotation devices (life jackets) are supplied by the Centre. Covered shoes must be worn when participating in all boating activities.

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What to pack

Luggage
One piece of luggage, a sleeping bag and a small day backpack is recommended per child. These should be clearly marked with your child’s name, address and phone number. Remember, your child will have to carry their luggage so it’s good to make sure it’s not too big or too heavy.

Checklist

Please label all clothing, towels and sleeping bag with your child’s name.

☐ Shorts and t-shirts (no singlets, sleeveless or midriff tops)
☐ Jeans or long pants
☐ Jumpers and tracksuit pants
☐ Socks and underwear
☐ Raincoat
☐ Pyjamas
☐ Swimming costume and rashie shirt
☐ Sunscreen, sun hat and sunglasses
☐ Two pairs of running shoes (one old pair to wear in the water)
☐ Thongs for showering
☐ Toiletries, soap, lip balm and insect repellent (no aerosols)
☐ Two towels
☐ Pillow, sleeping bag and a fitted sheet.
☐ Day backpack
☐ Plastic bags for dirty or wet clothes
☐ Handkerchief or tissues
☐ Water bottle
☐ Toiletries - soap, toothpaste, toothbrush, hairbrush and bands (girls, your hair will need to be up every day), deodorant, etc.

What not to bring
Aerosol cans (i.e. spray-on deodorant or insect repellent)
Mobile phones and other electronic devices
Lollies, chips or chewing gum (basically any food)
Jewellery
Anything valuable (Sport and Recreation takes no responsibility for the loss or damage to a client's personal property, including money or other valuable items)

Looking forward to a great trip,

Mrs Lasserre, Ms Talbot & Mrs Latta
Please return this completed form no later than Thursday 28th April

Please ensure you fill in all sections correctly. Under new legal reforms, we cannot accept incorrectly completed permission notes.

I give permission for my child _____________________________ to take part in the 2 night, three day Camp at Lake Ainsworth Sport & Recreation Camp, Lennox Head occurring on Monday 2nd May to Wednesday 4th May 2016 inclusive.

I understand I must transport my child to and from Lake Ainsworth Sport & Recreation Camp, Lennox Head.

I understand I must drop my child at the carpark at Lake Ainsworth Sport & Recreation Camp (near the pool) at 9am on Monday 2nd May 2016 and am to remain with my child until met by a TTPS staff member.

I will collect my child promptly at the conclusion of camp at 2.30pm on Wednesday 4th May 2016.

Details of Parent/Guardian collecting my child (even if this is child's parents)

Name____________________
Contact Phone Number____________________
Secondary Contact____________________________________
Secondary Phone Number _________________________________

I give my informed consent to all of the above.

Name: ________________________________ (please print)
Sign: _________________________________
Date: ________________________________

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