Livellife Well
Wow! What a fantastic 2 days we had last week! Our students were lucky enough to experience some great cooking, Zumba, taekwondo, Speedminton, sculpture, and sessions from Surf Life Saving and the Rural Fire Brigade. We had so many offers of assistance and community involvement which is why the day ran so smoothly. Special thanks to; Kelly Martorana for running fantastic Zumba sessions; Sam Miller who came out to teach us about beach and surf safety; Jesse Hogbin who gave up 2 days of his own schooling (thank you to his parents Bob and Anna too!) to work with Eliana and Kate for the taekwondo sessions - these kids were just amazing; Karl, Zofie and Matt from the Rural Fire Service who worked with Miss Slingsby (our very own volunteer fire fighter). A huge thank you to all our parents and family members who came along to help out over the 2 days. Many of you even stayed a lot longer than your child’s particular activity. We really appreciate the high level of support we always receive for school events. These kinds of activities would not be as successful without you all – THANK YOU!

Little Athletics
On Monday 12th August we are having a visit from representatives from Little Athletics. They will be talking to students about the programs and activities they have on offer. More info can be found at: www.littleathletics.com.au

What’s on ...
9th August
Canteen Open this Friday
15th August
Years 3-6 Free Interrelate Bullying Awareness program
16th August
FINAL date for full payment of Stage 3 Canberra trip
23rd & 30th August
Year 6 Interrelate "Moving Into the Teen Years" $32
12th September
Stage 3 Careers Day at Ballina PS
13th September
Ballina Cup half day public holiday
School closed at 12midday
16th September
Year 5 Interrelate "Minding Me" $16.50
2nd November
Country Fair
Head Lice
We have had a few cases of Head Lice reported. Please check your students' hair tonight and treat accordingly if found.

NAPLAN online trial
As a result of decisions taken by Education Ministers, the Australian Curriculum, Assessment and Reporting Authority (ACARA) is investigating the possibility of administering the annual NAP Literacy and Numeracy (NAPLAN) assessments online.

Mrs Macdonald’s class will be participating in this trial, an information letter will be sent home to students who will be participating.

District Athletics Carnival
Miss Slingsby, Mrs Sawras and Ms Talbot were lucky enough to accompany our District Athletics competitors to Geoff Watt Oval in Alstonville last Friday. Our team was fabulous. They gave their all in every event and then gave some more to support their teammates.

We have a few students moving on to Zone, however we are awaiting confirmation on some - we will announce their names as soon as we are informed by the convenors. Thank you to all the parents and family members who not only supported their own children, but proudly cheered on all of our TT kids.

Fire Truck Visit
As part of Live Life Well activities the children participated in the Fire Safety Program. This Friday we will again be visited by the Rural Fire Service. Each class will participate in a lesson about fire safety inside and outside of the home and then they will be given a guided tour of a fire truck.

Fundraising News
SCHOOL DISCO DATE
Calling all Teven-Tintenbar students - get your dancing pants ready for a school disco, to be held at school on Friday, 30 August. Please book the date. We will have more details in next week’s newsletter.

Eva, Lucia, Laila & Jazmyn ready to dance up a storm at last year’s disco.

SCHOOL RECIPE BOOK
We did it! Thanks to the generosity of our school community, we now have over 130 prized recipes for our recipe book. This is an awesome effort and the final product will be a valuable addition to kitchens everywhere. The recipe book is now receiving a final edit, and will shortly move to the layout and design phase.

You will recall that each donated recipe entitled the donor to a ticket to win a double pass to the movies at Ballina Fair. This prize was drawn on Friday, 2 August, and the winner is………Nicole. Nicole generously donated over 15 delicious recipes to our recipe book, and is a very worthy winner.

If you had intended to submit a recipe towards our recipe book, we will continue to accept them up until this Friday at the very latest.

Coastal Kids
Last Tuesday night the members of the choir and combined band performed at the District Coastal Kids Concert. It was a fantastic night with excited kids and extremely proud parents and teachers. The choir performed three songs and then joined the large mass choir to perform three more songs.

Miss Slingsby was extremely proud of all the students that performed and the beautiful behaviour displayed throughout the night! Well done!
Veggie Ribbon Pasta

Ingredients
6 Zucchinis
6 carrots
6 Parsnips
500g jar Pasta sauce
Cheese

Wash vegetables.
Using peeler, peel vegetables to make ribbons.
Bring medium Saucepan water to boil, add vegetable ribbons & boil for 3 minutes.
Remove & drain.
Fry vegetables in frypan add seasoning & pasta sauce
Simmer until warm.
Serve with cheese on top.

Apricot Balls

Ingredients
200g dried apricots diced
2 cups desiccated coconut
1 x 400g can condensed milk
½ cup shredded coconut to roll in

Place ingredients in bowl and mix.
Roll into balls & roll through shredded coconut using wet hands
Refrigerate until set

Fruit Shakes

Ingredients
1 cup orange juice
1 cup soda water
1 handful of mixed berries (or seasonal fruit)

Place ingredients in blender & Mix

Pikelets

Ingredients
1 cup flour
1 cup milk
1 tablespoon sugar
Toppings (honey, jam...)

Mix ingredients together until smooth.
Cook tablespoon amounts in frypan.
Top with your favourite topping.

All recipes tried, tested and approved by the children at TTPS.
### Canteen Roster

**TERM 3 NEEDS YOU!**

<table>
<thead>
<tr>
<th>Week</th>
<th>Helper Name</th>
<th>Helper Phone</th>
<th>Helper Email</th>
<th>Emergency Helper Phone</th>
<th>Emergency Helper Email</th>
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<tbody>
<tr>
<td>Week 4 9th Aug</td>
<td>Sara Remfrey</td>
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<tr>
<td>Week 6 23rd Aug</td>
<td>Kanako Goedde</td>
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<td>Week 8 6th Sep</td>
<td>Loretta Brandolini</td>
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<td>Week 10 20th Sep</td>
<td>Arwyn Atkinson</td>
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### Pre Order or Order on the Day

Hand into class Friday morning with your money.

**Child’s Name** ____________________________ **Class** ________

- ☐ Homemade Beef Lasagne $4.00
- ☐ Pizza – Ham & Cheese (canteen approved) $3.50
- ☐ Homemade Sausage Rolls (1 per serve) $2.00
- ☐ Mini Beef pies – canteen approved (1 per serve) $1.20
- ☐ Sandwiches (Add 50c for Toasting) $2.20
  - ☐ Cheese
  - ☐ Ham
  - ☐ Ham & Cheese
  - ☐ Vegemite
- ☐ Crazy Crackers – 6 small rice crackers with cheese $3.00

**Drinks**

- ☐ Bottled Water
- ☐ Chocolate Milk
- ☐ Strawberry Milk
- ☐ Orange
- ☐ Apple
- ☐ Apple n Blackcurrent
- ☐ Tropical
- ☐ Bottle Spring Water Fruit Drink
- ☐ Apple N Raspberry
- ☐ Orange Crush
- ☐ RAZZ BRI

Do you need a bag? $0.20

**Total Lunch Order** $

Amount enclosed $